

Year 3 Personal Development Learning

Core theme	Learning Questions
<p>Autumn 1 – Relationships and Friendships (families and people who care for me) (caring and respectful relationships)</p>	<p>How can we cope well with transition?</p> <p>What is a growth mindset?</p> <p>What does it mean to be a good friend? How can I be a good friend?</p> <p>What do families look like? Why are they important?</p> <p>What is kindness and fairness? How can I show it?</p> <p>How do I share and respect others' opinions?</p>
<p>Autumn 2 – Valuing difference</p>	<p>What are the British Values? Why are they important?</p> <p>What does it mean to be unique?</p> <p>What is tolerance?</p> <p>How can communities be different?</p> <p>What are the advantages to everyone being different?</p>
<p>Spring 1 – Keeping ourselves safe and healthy (Being safe)</p>	<p>What will keep us physically safe and emotionally safe?</p> <p>What is meant by a healthy lifestyle?</p> <p>Why is sleep important?</p> <p>What is a risk/danger/hazard?</p> <p>How can I keep safe at home? (fire/ kitchen safety)</p> <p>First aid- How do I call for help in an emergency?</p>

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	<p>First aid - How do I manage bites and stings?</p>
<p>Spring 2 – Keeping ourselves safe online (online relationships)</p>	<p>How can I stay safe online? (ESAFETY INTERNET LEGENDS)</p> <p>How can I keep my personal details safe?</p> <p>Who is safe to communicate with online?</p> <p>What should I do if I am worried about something online? (safe and unsafe secrets – who to tell)</p>
<p>Summer 1 – Living in the wider world</p>	<p>What are our responsibilities towards our environment? (general - how can we take care of the environment?)</p> <p>What are our responsibilities towards our planet? (focus on recycling and how this works)</p> <p>What does it mean to be part of a community?</p> <p>Who makes up our community?</p>
<p>Summer 2 – Growing and Changing (relationships and Sex education)</p>	<p>What are the differences between boys and girls?</p> <p>What are stereotypes?</p> <p>What makes a positive and negative relationship?</p> <p>What are the names of our body parts?</p>