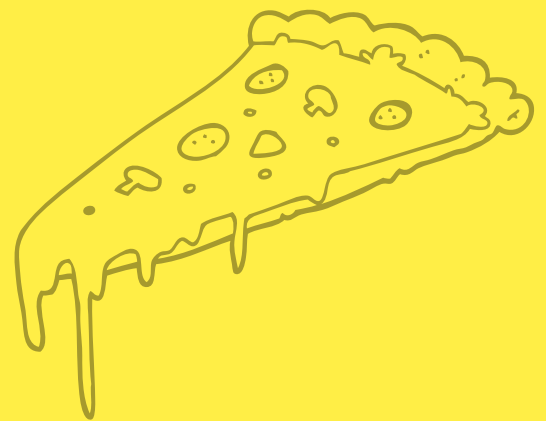


WEEK THREE MENU



King's Academy
Rowner



Week commencing - 18th Nov, 9th Dec,
13th Jan, 3rd Feb, 3rd Mar, 24th Mar 2025

MONDAY

Red - Quorn fajitas
Green - Vegetarian
Quorn lasagne served
with wedges

TUESDAY

Red - Cottage pie
and vegetables
Green - Vegetarian
cottage pie and
vegetables

WEDNESDAY

Red - Meatballs and
sweet chilli noodles
Green - Cheese and
tomato pizza served
with chips

THURSDAY

Red - Hunter's chicken
served with chips and
beans
Green - Quorn
nuggets served with
chips and beans

FRIDAY

Red - Fishcake served
with chips, peas or
beans
Green - Falafel wrap
served with chips,
peas or beans

Jacket potatoes are also available every day, served with
cheese, beans or tuna mayonnaise.

A range of desserts are included.

**The cost is £3.00 per person, please ensure there is
sufficient funds in SCOPAY before ordering.**

**Parents are welcome to order in advance through SCOPAY
if they wish to, otherwise children will choose in class.**

