

Year 4 Personal Development Learning

Core theme	Learning Questions
<p>Autumn 1 – Relationships and Friendships (families and people who care for me) (caring and respectful relationships)</p>	<p>What is the difference between bullying and teasing?</p> <p>How can I help someone who is being bullied?</p> <p>What should I do if I think I'm being bullied?</p> <p>How do we tackle bullying and discrimination?</p> <p>How can we build a team?</p> <p>What different types of families are there?</p> <p>What is marriage?</p>
<p>Autumn 2 – Valuing difference</p>	<p>(Quick reminder of all BV) What is mutual respect?how does this link to our core theme of valuing difference?</p> <p>How can it feel to be different?</p> <p>What does it mean to live in a multi-cultural society?</p> <p>What are the different traditions, cultures and religions of the people living in the UK?</p>
<p>Spring 1 – Keeping ourselves safe and healthy (Being safe)</p>	<p>How can I keep myself safe outside of school/home? Focus on road safety (police to visit), stranger danger.</p> <p>How can we manage pressure/negative influences?</p> <p>What is anti-social behaviour? What are the consequences?</p> <p>First aid - How do I respond to an emergency? (Also taught in 3, ensure there is progression)</p>

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	<p>First aid -How do I help myself or someone who has asthma?</p>
<p>Spring 2 – Keeping ourselves safe online (online relationships)</p>	<p>How do I keep myself safe online?</p> <p>How do I know who is safe to communicate with online and who isn't?</p> <p>What do I do if I feel like something is unsafe online?</p>
<p>Summer 1 – Living in the wider world</p>	<p>Where does money come from and what is it for?</p> <p>How can I manage my money and keep it safe?</p> <p>What influences my spending? What choices and decisions do I need to make regarding my money?</p> <p>How can my decisions impact my life?</p>
<p>Summer 2 – Growing and Changing (relationships and Sex education)</p>	<p>How do I deal with change, loss and grief?</p> <p>How does my body change? (Inc. human life cycle and puberty)</p> <p>How can I manage change, including puberty, transition and loss?</p> <p>How can I recognise and manage my feelings?</p>