



**GROWING LEARNERS,  
GROWING LEADERS AND GROWING CITIZENS**



Dear Parent/Carer

**Head Lice**

Some cases of head lice have been reported recently.

Please could we all take extra care with:

Checking children's hair

Although lice can be seen in dry hair, the best way to check is by the combing of wet hair with a fine toothed "detector" comb.

**Treating if necessary by either:**

- ❖ Wash the hair in the normal way with an ordinary shampoo
- ❖ Use lots of hair conditioner and while the hair is very wet, comb through the hair from the roots with a fine tooth-comb. Make sure the teeth of the comb slot into the hair at the roots with every stroke, and do this over a pale surface, such as a paper towel or the bath.
- ❖ Wet lice find it difficult to escape, and hair which is slippery from conditioner makes it hard for them to keep a grip – so removal with the comb is easier.
- ❖ Clear the comb of lice between each stroke
- ❖ If you find any lice then repeat this routine every three or four days for two weeks, so that any lice emerging from the eggs are removed before they can spread.

*Using lotions*

These are available from the chemist over the counter or on prescriptions for children. The chemist will advise on which lotion to use. It is important to follow the instructions on the packet.

If lice are found, it is most important to check and, if necessary, treat the rest of the household. Regular wet-combing as part of routine hair washing is the best way to prevent the problem recurring.

Let's stop making life too easy for the louse!

Yours sincerely

*Kerry Payne*

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